



“The Peal”

Rotary Club of Canandaigua



This Meeting Thursday 5:30 pm. American Legion Post #256 454 North Main Street	"CREATE HOPE in the WORLD" www.canandaiguarotary.org Club 4765, District 7120, Organized Apr. 24, 1919	Publication Date: January 16, 2024 No. 22 Volume 104
--	---	---

Official Newsletter of the Canandaigua Rotary Service Foundation

Today's Program: Joint Rotary / Kiwanis Meeting – Pinewood Derby

Next Week: Dan Bowman – Canandaigua Robotics Team

Meeting notes from January 11, 2024

Pledge: Nancy Stelnyk

Guests: None

Visiting Rotarians: Helen Zamboni – Avon Rotary

Announcements: President Nancy reported receiving a thank you note from Friendship house who was the recipient for December 2023 speaker honoraria. January's recipient will be Churches in Action. Adeline Rudolph was awarded her winnings from last week's Joker draw and gave back to the club \$62.10 as a tithe.

Helen Zamboni gave a short presentation of the upcoming district conference to be held in Saratoga April 24-26. Early bird registration is now open at the district website or directly at <https://bit.ly/2024-7120-DC>. Highlights planned for the conference center around it being by Rotarians for Rotarians. There will be a presentation by "Linking Hands For Learning", a 'Bright Spot' showcase celebrating members who have made a difference in their club, community, or with other members. Also, a service project is planned whereby 10,000 meals will be prepared to benefit over 400 families. There will be a youth exchange 'Party in a Bag' project, a mental health breakout session, a poker run, and speakers from Rotary International as well. Of course, there will also be 'free time' to explore the many fine shopping and dining locations only a short walk from the hotel and to help Saratogans celebrate their 250th birthday.

Happy Dollars: Marty Muehe made donations in honor of being 20 years old with 50 years' experience, lots of travel, and a surprise birthday party orchestrated by Joe Del Forte. Tom Rogers achieved the same birth milestone and reported a trip to Iceland to see the Northern lights. Kathleen Draper visited Dubai and checked in at a Rotary booth at her conference. Janet Tenreiro was delighted to report 28 Rotarians and friends attended the January 'First Friday' event at The Green Front in the sardine room. Mary Green visited Charlotte where her grandson is first in the state for wrestling and continued down to Texas. Roc Pietropaolo is celebrating his granddaughter's 4th birthday. Kent Gilges expressed he coveted Roc's recently re-felted pool table so much that he had his own re-felted (sounded like an invitation to hustle some Rotarians to this author). Clark Kurtz acknowledged there are at least two Rotarians who think they can play pool. Mark Sheppard purchased a pit pass for \$30 outbidding his soon-to-be host Janet Tenreiro on their upcoming visit to Palm Springs.

Exchange Student: Stine reported she excited to be moving to her new host family and has been busy with school and school activities

Program: Quail Summit – Ellen Polimeni, Lauren Hollenbeck, and Stephanie Durham

QUAIL SUMMIT is a not-for-profit residential community offering a continuum of housing and care options for older adults. We offer independent living at The Estates, enriched living at The Harbor, as well as a safe and loving home for those with memory loss at The Village. Our amenities and services range from fresh and healthy meals prepared on site, to trips and transportation services, plus free WiFi and daily activities!

There are three distinct environments available.

THE ESTATES offers 58 independent living apartments for those who are independent but seeking a more rewarding and simpler lifestyle without the burdens of homeownership and maintenance. These full-sized, thoughtfully designed one- and two-bedroom apartments range from 683 to 1007 square feet with a full kitchen, washer/dryer and one or more bathrooms.

THE HARBOR offers enriched assisted living for those older adults who require additional support. This neighborhood of 28 one- and two-bedroom apartments provides all of the advantages of community amenities plus caring, dignity and privacy for those who require a supportive environment.

THE VILLAGE is a safe and loving neighborhood especially for those who may need an extra helping hand. Our staff is dedicated to offer personalized care to best fit each resident's needs and situation. Through a more active lifestyle, our residents experience a greater quality of life. The Village Program builds on the relationships between caregivers and residents in our specialized memory care neighborhood. Small group or one-on-one activities are designed to engage residents throughout the day.

The quality of life our residents enjoy is at the core of our mission. Research shows that activity, both physical and mental, can improve the overall quality of life. Our goal is to create a whole person wellness attitude and change how we think and act in relation to our residents. It is the platform upon which family members and staff alike help residents rediscover the joy of life.

Jackpot Draw and 50/50:

Jack Kellogg collected \$13 and **Ellen Polimeni** drew the 9 of Spades

